



One Hope Community Church Suggested Reading Plan & Guide Book of John: Chapter 19

Song for the week: Remembrance - Hillsong

Song links: <https://youtu.be/EDtT3UMHYBg?si=s2gCK61C0KrSUQxZ>

Suggested Reading Plan for John 19 (March 24 - March 30)

(click on underlined verses or use your Bible)

Day 1: John 19:1-7

Day 2: John 19:8-16

Day 3: John 19:17-30

Day 4: John 19:31-37

Day 5: John 19:38-42

Small group time: This week's small group time is listed at the end of the study guide. The hope is that small groups will gather together for a meal or food to discuss and learn from the Passover meal. Your group may choose to also review some of the guide together.

Lent

We celebrated Palm Sunday and are now in the 7th and final week of Lent. The Easter Triduum ends Lent and ushers in Easter. It includes Holy Thursday (Maundy Thursday), Good Friday and Holy Saturday. The number 3 in the Bible is a number of completeness. On Thursday Jesus initiated the practice of Communion. On Friday He suffered for our sins. Jesus tasted death (Hebrews 2:9) and experienced its pain (Acts 2:24) before rising on Easter.

Putting it into practice: As a small group, gather for a meal this week and celebrate communion. Ideas for this night are at the bottom of the small group guide.

John 19:1-7

Pilate found no fault with Jesus and yet, to appease the crowd, instead of releasing Him, he ordered that Jesus be flogged.

Pilate tried to compromise between right and wrong. We sometimes do the same thing. Where in society do you notice Christians compromising? Where have you noticed it in your life?

More severe than the Jewish beating with rods, the Roman flogging often ended in death. Flogging used a whip with three or more leather strips that had small metal balls or sheep bones at the end of each. Jesus would have been stripped naked and bound at His wrists, most likely bent over. The

pieces at the end of the leather would dig deep into the flesh, ripping small blood vessels, nerves, muscle and skin, sometimes breaking ribs.

The crown of thorns would have dug into Jesus' scalp. According to forensic science, it would have caused stabbing pain around the eyes, forehead, lips, nose, cheeks and even His tongue.

In John 10:31-39 the Jews accused Jesus of blaspheme because He claimed to be God and tried to stone Him according to the law in Leviticus 24:16 which says "anyone who blasphemes the name of the Lord is to be put to death. The entire assembly must stone them." However, blasphemy was not against Roman law.

What contradictions do you notice in the Jews thinking? What contradictions do you notice in churches and Christians? What contradictions do you notice in yourself?

What was prophesied in each of these verses that was fulfilled? Isaiah 50:6, Isaiah 52:14, Psalms 22:17 (each fulfilled in John 19:1-7)

Putting it into practice: In the time of Jesus, deep purples were a sign of royalty. Violet used during Lent represents mourning and suffering. Think about that - Jesus was actually royalty (King of Kings) and He suffered for you. THE King suffered just for you. What does this knowledge of His immense suffering for you do in your spirit? Talk with God about what you might be thinking or feeling after what you have learned. Thank Him for what He did for you.

Consider using the "purple heart" emoji when you text to help you remember the suffering and great love of Jesus. In addition to reminding you, people may ask you, "why the purple heart?" which would be an open door for you to tell others of Jesus' love and sacrifice.

John 19:8-16

The Jews demanded Jesus' death and the Gentiles carried it out. God's plan included Jews and Gentiles participating in both the crucifixion (penalty to be paid) and in salvation.

Look up Romans 10:12 and Hosea 2:23. How do these two verses mirror God's intention for salvation as a gift for all?

Pilate wanted to set Jesus free but in the end, he gave in to the people. Jesus knew all this had to happen to lead Him to the cross. In the Garden of Gethsemane Jesus had prayed twice to His Father, "Take this cup from me. Yet not what I will, but what you will (Mark 14:32-39)."

The cup that Jesus was about to drink was the cup of God's wrath, His anger at sin. (See Jeremiah 25:15-16, Isaiah 51:17, Isaiah 51:22). Opposite the cup of wrath, in the Old Testament there was a drink offering (Leviticus 23:13), perhaps the same as the cup of salvation David wrote about (Psalms 116:12-14).

Jesus talked about the cups in Matthew 20:20-23. Which cup was Jesus going to drink and which cup would Zebedees' sons, James and John, drink from? Jesus offered His disciples a literal cup in Matthew 26:26-28. Which cup did this represent?

What was prophesied in this verse that was fulfilled? Isaiah 53:7 (fulfilled John 19:8-16 and Matthew 27:13-14)

Putting it into practice: God is God, He is real. Even the demons know that God is real (see James 2:19). God says of those who believe in Him “you are my people.” In Hosea 2:23 what is the personal proclamation believers make? What is the difference between how demons (and some people) know of God and those who believe in Him? How does a person move from knowledge of truth to personal acceptance and belief? How might you explain the importance of this to someone who says they believe in God but have no relationship with Him?

God has anger at sin, not at the person. God loves you so much that He sent His Son, Jesus, to drink the cup of wrath and to be the cup of salvation for you. When you participate in communion this week, consider the cup of wrath and the cup of salvation.

John 19:17-30

The t-shape of the cross that Jesus carried would have been between 175-200 pounds. The nails used to nail Him to the cross were about 5” long. Fully human Jesus was enduring everything.

Jesus also fulfilled prophecy.

- Psalms 69:9 & Psalms 69:19-20: He experienced shame & suffered; condemned as a criminal
- Isaiah 53:4-6 & Isaiah 53:10-11: He was wounded, crushed, flogged, bearing our sin
- Isaiah 53:12: He was numbered with the lawbreakers
- Psalms 22:16: His hands and feet were pierced
- Isaiah 53:12: He interceded for sinners (Luke 23:34)

What was prophesied the Old Testament verses that was fulfilled by Jesus?

Isaiah 53:7 (fulfilled in 1 Corinthians 5:7 and 1 Peter 1:18-20)

Psalms 22:1 (fulfilled in Matthew 27:46)

Psalms 22:8 (fulfilled in Matthew 27:43-44)

Psalms 22:18 (fulfilled in John 19:23-24)

Psalms 22:31 (fulfilled in John 19:30)

Psalms 31:5 (fulfilled in Luke 23:46)

Psalms 38:11 (fulfilled in Luke 23:49)

Psalms 69:21 (fulfilled in Matthew 27:34 and John 19:29)

As you read the prophecies and how Jesus fulfilled them, how is your knowledge, faith or belief being affected? How do these prophecies impact your relationship with God?

Putting it into practice: GotQuestions.com says, “The Greek word for “redeem” in the Bible is *exagorazo*. It was a financial term that referred to the process of purchasing a slave’s freedom.” Jesus paid a high price to redeem you. In your prayer today, thank Jesus for what He did for you, making a way for you to have a relationship with God in this life and in the next.

John 19:31-37

The Jews called the Saturday after Passover a special Sabbath because it coincided with the Passover celebration and was considered “a double Sabbath.” It is also the first day of the (seven day) Feast of Unleavened Bread. In the Bible, leaven is most often symbolic of sin which, like leaven, spreads (Galatians 5:9). The price for sin is death (Romans 6:23).

Jesus’ first full day in the grave fell on the first day of Unleavened bread - bread without leaven and He was without sin (2 Corinthians 5:21). As you learn about what God commanded for festivals in the Old Testament, what do you notice about how they point to God’s plan for redemption and salvation? In your own words, how does the Feast of Unleavened Bread point to Jesus? How can you use the things you are learning to witness to others?

The reason legs were broken during a crucifixion was to speed up death. Before the legs were broken, when a person had their arms outstretched, their body was pulled down and it was hard to breathe. A person could push up with their legs to take weight off the arms and chest, helping them breathe. To break the legs, death happened sooner.

Crucifixion lead to death in one of two ways. The first way was hypovolemic shock from prolonged rapid heart beating which would cause fluid to gather around the heart. The second was through asphyxiation as the person was unable to breathe and would also lead to in fluid around the heart.

Jesus was already dead, so they did not need to break His legs. The reason blood and water flowed out of Jesus when His side was pierced was because the spear would have punctured the area around Jesus’ heart where there was water. The outflow of blood and water confirmed His death.

The man who saw Jesus’ blood and water spill out told people what he saw so they would believe. At this point, what is there to believe? Why is this important?

What was prophesied in these verses that was fulfilled? Zechariah 12:10, Exodus 12:43-47 and Psalms 34:18 - 22 (fulfilled in John 19:31-37)

Putting it into practice: Mark 12:30-31 says, “Love the Lord your God with all your heart and with all your soul and with all your mind and with all your strength.’ The second is this: ‘Love your neighbor as yourself.’ There is no commandment greater than these.” How is remembering what Jesus did for you helping you love God with your heart? How is learning about fulfilled prophecy helping you love God with your mind? The Greek word for “strength” is ischyos which means power, might, force, ability. How can you love God with your abilities? Can you use your abilities to love others?

John 19:38-42

Joseph of Arimathea was a rich man and part of the Council (also called the Sanhedrin), the group of Jewish religious leaders who asked for Jesus’ crucifixion. However Joseph opposed the decision and then asked Pilate to bury Jesus’ body (Matthew 27:57-60). Nicodemus who was also part of the Council (John 3:1) and joined Joseph in burying Jesus.

Joseph opposed the other leaders and yet he was afraid of them. What might he have been afraid of? What (if any) fears do you have that are hindering you in defending your faith in Jesus?

What was prophesied in this verse that was fulfilled? Isaiah 53:8-9 (fulfilled in John 19:38-42)

Putting it into practice: Joseph and Nicodemus both had fear and yet showed courage born out of belief in Jesus. Is there a place in your life where you would like to have more courage in letting people know you are a Christ follower? Ask the Holy Spirit “teach you at that time what you should say (Luke 12:12).” Spend time in prayer asking Jesus how to equip you to defend and honor Him by spreading the "Good News" without abandon.

Consider:

How have you been changed since you have gotten to know Jesus more through scripture? - Shannon Swift

I am encouraging all of us to find meaningful ways to serve and grow stronger in your relationship with Jesus and with the world he so deeply loves. - John Wayman

Putting it into practice: Set an alarm for 2:42pm. When your alarm goes off, pray something like this: Lord Jesus, you “do not look at the things people look at. People look at the outward appearance, but you, LORD, look at the heart (1 Samuel 16:7).” “We love because you first loved us (1 John 4:19).” “As water reflects the face, so one’s life reflects the heart(Proverbs 27:19).” Jesus, we humbly ask for your help to “guard our hearts, for everything we do flows from them (Proverbs 4:23).” May we always remember to “love you, Lord, with all our heart and with all our soul and with all our mind (Matthew 22:37).” It is with great hope and in the name of our loving, humble King Jesus we pray. Amen.

Small Group Time

Gather as a small group this week for a meal or snacks. Include crackers and juice for communion. Read through the below information, questions and videos together. End your evening with communion and prayer.

Jews celebrate the Passover Seder every year just as God commanded in Exodus 12.

Why do you think God commanded this retelling?

The Seder plate includes

1. Horseradish or a bitter herb to represent the bitterness of slavery.
2. Romaine lettuce which is adding a second bitter, same as above.
3. Green parsley represents the flourishing of the Jews in Egypt before slavery and continued hope and renewal. It is dipped in salt water to symbolize the tears shed and the hardships they endured.
4. Charset representing the bricks and mortar used by enslaved Israelites to build pyramids (Simple Charset recipe).

5. A roasted or boiled egg which is a reminder to mourn (they are often served at Jewish funerals) and to symbolize rebirth while the round shape points to the circle of life and new beginnings.
6. A bone (typically a lamb bone) which symbolizes the lamb sacrificed the night before the Israelites left Egypt. It is a reminder that lambs' blood was painted on the door jams of the Jews during the Plagues to prevent the killing of the firstborn.

How do the items on the Seder plate not only represent the Israelites freedom from slavery but also the freedom we can experience with Jesus? What are we free from?

While eating the Passover meal, the Jewish people recline as once slaves now feasting like kings and queens. Read [1 Peter 2:9](#). How does this also relate to believers in Jesus?

During the Seder they eat bread without yeast and drink wine. The bread reminds them of how they had to leave Egypt quickly and did not have time for the bread to rise. Their liberation came from God, not by their own doing, therefore the bread also represents spiritual impoverishment and has little taste - their need for relying on God. Wine symbolizes joy and has taste, reminding them of their freedom.

The Seder meal includes drinking four cups of wine to coincide with these four things said in [Exodus 6:6-7](#), "I will release you... I will save you... I will liberate you... I will take you...."

Based on the meanings of the bread and wine used at the Seder, what parallels do you notice to a Christian's life with Jesus? Jesus used the bread (our spiritual impoverishment) as a symbol of His soon to be sacrificed body and the wine (our freedom from sin) as His blood. Do you have any new thoughts on the bread and wine used at the Passover meal or about Jesus' use of them and asking us to continue to do so in memory of Him?

Watch [The Jewish Festivals Fulfilled - in 5 minutes](#) as a small group.

Which of these Festivals do you remember from your study of John? How do they help you see God's redemptive plan with Jesus for us as being plain from the beginning?

During Communion take 5 minutes of quietness to confess your sin and repent of it. Repentance is not shame, but awareness that sin separates us from God and what Jesus did to save us from sin, death and the devil. True repentance leads to a 180 degree turn or change of direction. It is a turning away from the sin and the desires of self and turning to God for right living. This creates spiritual transformation in dark places as you expose sins to the light and seek forgiveness.

For personal conversation with God: What sins do you want to acknowledge (confess) to Jesus and commit to change? Thank Jesus for giving His life for you so that you might be forgiven and be in right relationship with God.